From: Quiet Storm Foundation Cathy@quietstormfoundation.org

Subject: 🐺 🐙 Spring Strides - Quiet Storm Foundation - Spring 2023 News

Date: March 29, 2023 at 6:40 AM

To: cathy@quietstormfoundation.org



SPRING NEWS 2023 VOLUME 6 / ISSUE 1



Crazy to think that so much time has gone by! The year has started in an exciting mode but thank God we all are able to keep striding forward.

Quiet Storm Foundation loves being able to share all of the great things that have been happening in the last few months and we look forward to programs forthcoming.

Our hope is that you will let us know what you have going on in your world as we share some highlights with you. Buckle up...here we go!

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FAST FACTS

FOUNDED BY THE WATSON FAMILY IN 2009, QUIET STORM FOUNDATION AIMS TO PROVIDE DISADVANTAGED YOUTH IN LAS VEGAS WITH EDUCATIONAL, LEADERSHIP, AND HEALTH & WELLNESS OPPORTUNITIES THROUGH A DIVERSE RANGE OF FREE PROGRAMS.



Distance Learning Program

This FREE program offers students in 4th-8th grade the opportunity to receive virtual tutoring from certified teachers. Sessions are held every Tuesday from 4pm - 5pm.

Sign up by visiting https://www.quietstormfoundation.org/ and clicking Programs.

Out of School Program

This FREE bi-weekly program provides children in 4th-8th grade with fitness activities, social emotional training, and nutritional education sessions.

Out of School sessions are held every other Saturday from 9am-12pm at West Preparatory Academy.

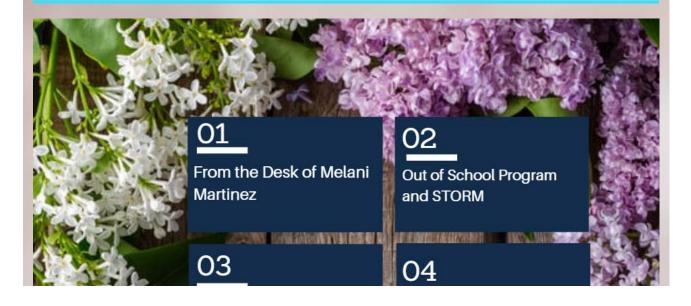


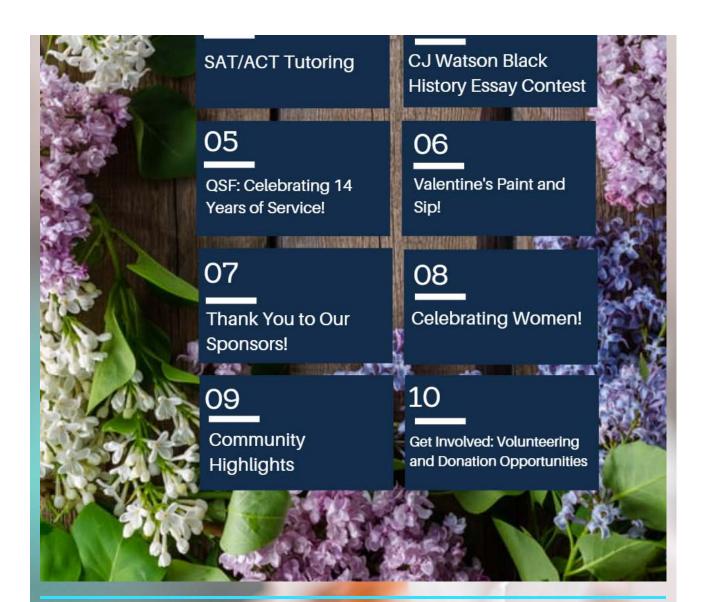
FACEBOOK: @QUIETSTORMFOUNDATION



INSTAGRAM: @QS-FOUNDATION

TO LEARN MORE VISIT US AT: HTTPS://WWW.QUIETSTORMFOUNDATION.ORG/





From the Desk of Melani Martinez:



As my senior year at Clark High School comes to an end, I have come to terms with the fact that I would like to get involved with my community as much as possible before going off to college. As part of the Academy of Finance at Clark, we are informed of many internship opportunities by our advisor and upon hearing about Quiet Storm Foundation, I immediately knew it was something I would be interested in. Prior to working with the foundation, I had heard of them through their online-tutoring program for students who needed extra help during the pandemic. Seeing as it was now the second time I was hearing about the foundation, I took it as a sign and since then, I have had the opportunity to work alongside Cathy Watson and many other Quiet Storm members. In the short amount of time I've been with the Foundation, it has been truly inspiring. I have never seen a group of people so dedicated to giving back to their community and so passionate about making sure that students receive the resources they need to excel in their well-being and in their education. So far, I have been fortunate enough to help with the Black History Essay Contest and

look forward to all future events and continuing my participation with the foundation after I graduate.

Out of School Program

Quiet Storm's Out of School program continues to be a positive resource for students in the community. Participants engaged with different components of the programming including Health & Wellness, STEAM, and Social Emotional Strength.



FIELD TRIPS

Students in the Out of School Program participated in Field Trips that provided ample opportunities for enrichment, community engagement, and fun with their peers. Students most recently visited the National Atomic Testing Museum where they learned about nuclear energy and how the atomic bomb was created. Students also visited the Springs Preserve, participating in events such as: Jump the ultimate Dog Show, Guided Garden Tours, The Origin Museum, The Botanical Garden, and Boomtown 1905.



Please see the flier below for future dates where your student can join us at Out of School Program field trips!



Quiet Storm Foundation's Out of School Program is excited to offer a variety of immersive and educational field trip opportunities for our students as a part of our Spring 2022 programming. Field trips will include:

JANUARY 21, 2023 Springs Preserve @ 333 S. Valley View Blvd, Las Vegas, NV

FEBRUARY 25, 2023 Atomic Testing Museum

@ 755 E Flamingo Rd Las Vegas, NV

MARCH 25, 2023 Lion Habitat Ranch @ 385 Bruner Ave, Henderson, NV

APRIL 15, 2023 Shan-Gri-La Prehistoric Park

@ 733 Greenway Rd Henderson NV

MAY 21, 2023 Exploration Peak Park

@ 9275 S. Buffalo Dr, Las Vegas, NV

Drop off: 8:45am Pick up: 12:00noon

Location: West Prep Academy, 2050 Sapphire Stone Ave, Las Vegas, NV, 89106

Scheduled Bus Transportation - Must be prompt for pick up and drop off. Authorized field trip waivers MUST be completed prior to scheduled field trips.

For more informtion visit quietstormfoundation.org





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TOUTH LEADERSHIP GROUP

MEETING TIME: BI-WEEKLY TUESDAYS @ 4:30 PM

MEETING LOCATION: ED W. CLARK H.S. 4291 PENWOOD AVE. LAS VEGAS, NV 89102 CLASSROOM #210

SCAN QR CODE TO

SIGN UP!



WANT TO BUILD YOUR CONFIDENCE, CHARACTER, AND CONNECTIONS?

Join us for FREE...

- additional academic support
- leadership workshops
- team -building activities
- community exploration opportunities

@QUIETSTORMFOUNDATION

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career skills enhancement

CONTACT US:

Christina Cerrone 702-423-8425 cdcerrone2@gmail.com Cathy Watson 702-378-3795 cathy@quietstormfoundation.org





SIGN UP FOR FREE PEER SAT/ACT TUTORING

Phone: (702) 778-3315

E-mail: cathy@quietstorm foundation.org Scan for more information!

https://forms.gle/Vw7KQRcuVCATtuqE6

Address: 718 S 8th St, Las Vegas, NV 89101

C.J. Watson 14th Annual Black History Essay Contest

The 14th Annual C.J. Watson Black History Essay Contest has been finalized and six student winners were selected. Congrats go to Marco Castellanos, Nohea Broussard, Francesca Tedesco, Joseph Winger, Jayshen Payne, and Ashley Blake. Thank you to all the wonderful participants from six CCSD schools:

- Ernest Becker Sr. Middle School
- Kermit R. Booker Sr. Elementary School
- Wilbur & Theresa Faiss Middle School
- R.O. Gibson Academy
- Eva G. Simmons Elementary School
- West Preparatory Academy







All winners will be given the opportunity to travel throughout the city of Las Vegas, showcasing their essays to the community through TV segments, radio appearances, recognition from councilman Cedric Crear, and our Annual Student Recognition Luncheon. In addition, winners will be traveling to Washington, D.C. April 20-23, 2023.

If you would like to attend the 14th Annual C.J. Watson Black History Student Recognition Luncheon in honor of this year's winners, tickets can be purchased HERE with all proceeds going towards supporting Quiet Storm's mission.



Valentine's Day Paint & Sip Series Fundraiser

Thank you to everyone that was able to support QSF by attending the Paint and Sip event with Pinot's Palette! The night featured wine, painting, raffles, and lots of fun and laughs. Be sure to check your emails for the next fundraising event.



Thank You to Our Sponsors!

Sponsors are vital to allowing Quiet Storm to continue to serve the community and provide programming to students throughout Las Vegas. We want to give our most heartfelt thanks to the following sponsors, who have provided generous donations in support of Quiet Storm's mission.



Celebrating Women:



Community Highlights:



Grand Opening Ernest And Betty Becker Family **Technology And Recreation Park** Saturday, April 1 10 a.m. to 2 p.m.

2221 Maverick St.

Now located in the former Charleston Heights Park, the new facility is the Ernest And Betty Becker Family Technology and Recreation Park.

The new center will include state-of-the-art equipment in a true technology-based facility. The community center will provide the infrastructure to accommodate high-tech uses. allowing youth, as well as adults, to create computer games, participate in esports and produce high-quality video in front of a green screen. Local youth, along with representatives of the Las Vegas Metropolitan Police Department, deputy city marshals, local schools, esports business groups and area churches provided input into the design of the facility.



SUMMER CAMP LOCATIONS

Summer Camp LOCATIONS Cimaron Rose Community Center - 5591 N. Cimaron Road Doolitide Community Center - 1950 N. J. St. Dala Community Center (JSON Eastern Ave. East Las Vegas Community Center - 5200 Hargrove Ave. Mitrabelli Community Center - 9200 Hargrove Ave.

Stupak Community Center • 251 W. Boston Ave. Veterans Memorial Community Center • 101 N. Pavilion Center Drive

TTY 711

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Indoor Hockey League Registration Now Open

\$85 | Offered in age groups 7-14 Game season March 25 - April 29 Veterans Memorial Community Center 101 N. Pavilion Center Drive

Our recreational indoor youth hockey league focuses on the fundamentals of the sport, including stick work, team organization and positioning. Your child will learn the value of teamwork in a fast-paced and safe environment. Participants will be coached by our National Alliance for Youth Sports-certified volunteer coaches. Each team has one practice and one game each week. This league is played in an enclosed area inside a city facility. Shin guards and mouth guards are mandatory. Hockey sticks can be borrowed at the facility.

For more information, please call 702.229.1100.

Are You Interested in Volunteering? If you are interested in making a direct impact on our community and volunteering with Quiet Storm Foundation, please fill out this form and a QSF representative will reach out to you about volunteer opportunities:

VOLUNTEER FORM - Click HERE!



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Photo by Longxiang Qi

https://www.pexels.com/photo/white-petaled-flowers-2076494/

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Our Contact Information:

718 S. 8th St. Las Vegas, NV 89101

PH: 702-778-3315 Monday – Friday 9:00 a.m. – 5:00 p.m.

quietstormfoundation.org

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